

TESTERMONIALS

- “ Five months into the programme my handicap has come down 3 shots. I’m hitting the ball longer and more consistently and can keep up with my kids. I would strongly recommend this programme for general fitness, flexibility and golf specific exercises. I look forward to reducing my handicap even further.”
- Chris Sweeney (Heritage)
- “Since commencing training with Robert Collier 6 months ago I have greatly increased core strength and general fitness, allowing me to increase my driving distance by 15% and maintain performance under physically grueling circumstances”.
- Emmerson Hall – NZPGA Member (Heritage)
- “In doing the golf conditioning programme I wanted to become more flexible and have better core strength before receiving lessons. In taking this approach I am achieving greater swing consistency and better golf”.
- Steve Kilpatrick (Heritage)
- The golf conditioning programme has personally been an enlightening and beneficial experience.
- Don Forbes (Heritage)
- “We continue to be surprised by what we have achieved and how that has helped in work and also play”.
- Bob and Maggie Taylor (Olympus)
- “I have been impressed with Robert’s high level of professionalism and the care he takes to deliver a high quality service”.
- Thoje Hood (Heritage)
- “ His initial assessment allowed us to set realistic goals together, which, after 12 weeks I am well on the way to achieving”
- Jenny Goulding (Olympus)
- “ I originally visited Robert Collier for his expertise in postural correction. I have been particularly pleased with the results and put this down to Robert’s professionalism and the knowledge base which he has continued to develop. I would highly recommend Robert’s services to others interested in improving their posture.”
- Emma Wilton (Olympus)

- Robert Collier helped me train for the Kepler Challenge over several months. His knowledge and ability over a wide range of issues, from my diet, to training and to gym work, helped me improve my previous time by over 1 hour and 50 minutes. I have received definite benefits in all of the above areas. I have been impressed with Roberts knowledge and expertise.
- Warren Reedy (Olympus)
- I had my best score for 5 years last Saturday (74 on a 9 handicap) which is a direct result of your conditioning programme coupled with golf lessons. Without the conditioning programme the lessons still wouldn't be effective. Your programme has been a good investment. Thank you. (Alan Calder)
- Within 6 months on the golf conditioning programme I have increased my driving distance from 220 to 260 metres and my handicap has come down from a 12 to a 4.4. I look forward to further improvements. (Soshi Harari, 16)

To book for 50% off your initial assessment call Robert Collier now

027-223-5039